#### **ABOUT YOU**

What	Do You Like?	
What	Do You Dislike?	
How I	Do You Like To Commun	icate?
What	Should The Dentist Do	)?
What	should the dentist not	do?

Please tick any of these, that apply:

- I cannot wait, so please see me promptly
- I am frightened of strange environments and this may show in unusual or challenging behaviour.
- I find loud noises upsetting. I find bright lights disturbing and this can influence my behaviour.
- I find smells, textures or tastes upsetting
- I cannot always tell where it hurts.
- I may not respond to pain, or may respond in an unusual manner



# Visiting the dentist

Your first dental visit to the Dentist in the Hermitage is easy, if we plan this together

## HERMITAGE CLINIC



#### About this leaflet

This leaflet lets you know what to expect from your visit with us

It will help us all plan your visit too

Please fill this form out and bring it with you on your first visit to us

If there is anything you want to talk about with us before the visit you can call Christine or Laura on 016459555 or email reception1@hermitagedental.ie

We look forward to meeting you soon

#### Kev and Laura

Hermitage Dental, Suite 10, Hermitage Medical Clinic, Lucan Rd, Dublin 10

#### THE RECEPTIONIST

WILL MEET YOU WHEN YOU ARRIVE



### Before your visit

You can practice things like opening wide and sitting with your hands on your belly before you come, to make it easier at the appointment

Use pictures or photos beforehand, to get used to the dental visit

A slow introduction is sometimes needed to get used to new places

Ask Christine or Laura if you want to come and visit the surgery before the main appointment

Discuss previous visits, likes and dislikes with us so treatment suits you. This can be done by phone, email or filling out this form

## KEV AND LAURA



### At your visit

Make sure someone who knows you and your medical and dental history attends, if you like their help communicating

You will meet Kev who will look at your teeth and plan how we can keep them healthy

You will have pictures and X rays of your teeth taken

Sometimes, Kev might clean your teeth or do other work at this appointment if you want. Kev will also show you how to clean your teeth

At the end of the appointment we will make a plan for your teeth